



What you need to know about coronavirus (COVID-19)

We're all in this together. And at Atrium Health, we're here to make sure you and your family are safe, cared for and informed. Here's what you need to know right now.

Common symptoms of coronavirus



Fever



Chills



Headache



Cough



Repeated shaking with chills



Sore throat



Shortness of breath or difficulty breathing



Muscle pain



New loss of taste or smell



Nausea or vomiting



Diarrhea



Congestion or runny nose

What to do if you feel sick



Stay home

Most people with COVID-19 have mild to moderate symptoms and can recover at home. Rest up and prevent germs from spreading by staying home and away from others for 14 days.



Get checked and cared for at home

For more mild symptoms, keep yourself and others safe by getting medical care from the comfort of home. If you need help, use our free COVID-19 risk assessment to learn about the care you need.



Call ahead for in-person care

If you need in-person care for severe respiratory symptoms, call before you arrive at the doctor's office, urgent care or emergency room. This will help your healthcare providers take steps to get you the right care and keep others from being exposed.



If your health problems are a threat to your life, call 911 right away.

Tips for staying healthy



Wash your hands with soap and warm water



Don't touch your face



Avoid close contact with someone who's sick



Clean and disinfect surfaces and objects people touch often



Stay at home as much as you can, even if you feel well



Wear a mask or cloth face covering in public



Stay informed with accurate information